Size at first maturity and maturity stages of *Terapon jarbua* (Forsskal, 1775) from Pondicherry Coast, India

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**Manuscript history**
Received: 13 Feb 2016; Received in revised form: 23 Aug 2016; Accepted: 28 Aug 2016; Published online: 31 Aug 2016

**Citation**

**Abstract**
Size at first maturity of *Terapon jarbua* was studied based on 114 male (14 to 28 cm in TL) and 140 female (14 to 32 cm in TL). The Logistic curves describing the relationship between the sexes and the proportion of 50% maturity (L_{50}) were estimated at 20.8 cm in male and 21.8 cm in female of *Terapon jarbua*. The male reached 50% first sexual maturity at smaller lengths than female in this species. The gonads were classified into five maturity stages based on the size, colour and texture.  Month wise predominance of different stage of maturity deferred during different months.

**Keywords:** Maturity stages; 50 % maturity; *Terapon jarbua*; reproductive cycle; sexual maturity; Pondicherry coast

**INTRODUCTION**
*Terapon jarbua* belong to the family Teraponidae is a medium size food fish which inhabits the sea, backwater and estuaries in Pondicherry coast. They constitute a regular fishery throughout the year. It is a predator and a lepidophagous fish. It feed on small fishes in the littoral zone and scales of large fishes. No information available regarding the size at first maturity and maturity stages of *T. jarbua* with the view of supplementing this, the present study was undertaken along the Pondicherry coast.

The knowledge on length at maturity and spawning season detects when and at which length the fish should be protected and therefore it is important for the proper management and conservation of fish stocks (Hunter *et al.* 1992). The most suitable method of determining the reproductive cycle of fishes is to observe the seasonal development changes in their gonads (Karlou-Riga and Economidis 1996, 1997). The reproductive cycle of fishes is closely tied to the environmental changes particularly temperature, photoperiod and food supply (Bagenal 1978). Fecundity and spawning habits are among the important aspects of the biology of fishes which must be understood to explain the variation of the level of population as well as to make efforts to increase the amount of fish harvest (Das *et al.* 1989) and also determination of fecundity and the development of sexual maturity is a fundamental to fishery science (Brown *et al.* 2003).

The most suitable method of determining the reproductive cycle of fishes is to observe seasonal developmental changes in gonads (Sivakumaran 1991; Karlou-Riga and Economidis 1996, 1997). This maturation cycle has been described as morphological changes that gonads undergo to attain full growth and ripeness (Brown *et al.* 2003). The term fecundity can be expressed as the number of eggs laid in one season by the species. The egg production varies not only among different species but also within the same species depending upon the length
and weight of gonad and influenced by the environment (Kulshrestha et al. 1990; Barmanh and Saikia 1995).

**METHODOLOGY**

Random monthly samples of *T. jarbua* were collected during July 2008 to June 2010 from Pondicherry coastal waters, Pondicherry Union Territory, South India (Figure 1). Fishes were held on ice until examination. For each species, sex, total length and stage of maturity were recorded for morphometric determinations. Size at first maturity of *T. jarbua* was studied based on 114 male (14 to 28 cm in TL) and 140 female (14 to 32 cm in TL). The data was grouped into many size groups and percentage compositions of the proportion of matured specimens in each size group were calculated.

The size at first maturity was determined in the spawning season. When their maturity was in stages one and two, they were considered as immature, and those which were in stage three were considered as mature (Farmer et al. 2005). The relation between length and maturity in size classes was demonstrated on a logistic diagram for estimating the total lengths at 50% maturity. Concerning this fish to calculate the size at 50% maturity ($Lm_{50}$) of the proportion of mature fish, of which the gonads were observed by eye according to the description of Pollard (1972) was calculated in each body size class.

**Maturity stages:** The percentage composition of various maturity stages in different months was computed for two years. Male and female gonads of *T. jarbua* were categorized into five developmental stages based on the gonad descriptions of *Cirrhina reba* Lower Anicut, Tamil Nadu (Mathiyalagan 2013). Stage-I (immature); gonad size reduced, translucent, occupying very small portion of the body cavity. Stage-II (maturing); gonads occupying one third of the abdominal cavity. Stage-III (matured); gonads turgid, occupying the majority of the abdominal cavity (in female, the oocytes are visible to the naked eye, while in the male the testis are whitish). Subsequently stage-IV (ripe); gonads occupying the entire length of the body cavity; ovaries distended and containing large translucent eggs and stage-V (spent); gonads completely flaccid.

**RESULTS**

**Size at first maturity ($Lm_{50}$) of *Terapon jarbua***

The logistic curves describing the relationship between sexes and the proportion of 50% maturity was estimated and attained at 20.8 cm in male whereas the female having 50% maturity was found at 21.8 cm (Figure 2 and 3). In support to these present findings the male reached at 50% first sexual maturity at smaller length than female. The size at maturity would be a useful index for determining the size of the exploitable stock.

**Figure 1:** Map showing the study site (source: Google Map)

**Figure 2:** Relationship between percentage composition of proportion of maturity and size groups of male *Terapon jarbua* during July 2008 to June 2010

**Maturity stages**

In male *T. jarbua*, stage-I (immature) was recorded low during the month August (14.29%) and increased with peak in January (75%). Low percentage of stage-II (maturing) was recorded in the months March and July (10%) and high percentage in August (85.71%). Stage-III (matured) fishes were recorded low in May (8.33%) with peak level during the month March (100%).
The percentage compositions of stage-IV (ripe) were noticed low in the month of December (6.67%) and high during the month April (100%). Large percentage of stage-V (spent/resting) fishes was observed during the month September (85.71%) (Figure 4).

In female *T. jarbua*, stage-I (immature) was recorded low during the month June (11.11%) and increased with peak in August (66.67%). Low percentage of stage-II (maturing) was recorded in April; (10%) and high percentage in the months October and November (100%). Stage-III (matured) fishes were encountered low in December (5.88%) with peak level during the months March and August (50%). The percentage compositions of stage-IV (ripe) were noticed low in the month of November (16.67%) and high during the months July and March (100%). Large percentage of stage-V (spent/resting) fishes was observed during the month September (50%) (Figure 5).
DISCUSSION

Size at first maturity ($L_{50}$): From the present study, the size at first maturity of $T. jarbua$ is 20.8 for male and 21.8 for female. $L_{50}$ is an important trait of life history necessary for success of fishery management, fundamental to establishment of the means that avoid exploitation of young specimens and consequential reduction of spawning stock (Penha and Mateus 2007). It seems that there is also differentiation in maturity between the two sexes. Most of the male reached maturity smaller and younger than female which explains the greater duration of life of the female that mature later (Nikolsky 1969). Brusle (1981) observed that there is a relationship between first sexual maturity and temperature in every region. Hence, younger ages and smaller sizes at maturity are observed in warm waters, whereas in cooler waters, both age and size at maturity are higher. The logistic curve has been successfully used to estimate the size at 50% maturity for some species (De Martini and Lau 1999; Liu et al. 2001). Tormosova (1983) suggested that stock density, food and water temperature may influence the growth of fish and further affecting the age at 50% maturity.

Maturity stages: The gonad development and reproductive strategy have been described in many teleost fish species in an effort to understand the time of course and energetic consequences of reproductive effort. Oocyte growth follows a similar general pattern in most of the teleosts (Maddock and Burton 1999; Knuckey and Sivakumaran 2001). However the present investigation, there are five different maturity stages of gonads have been found in $T. jarbua$. Similar observations were made in Gobioide rubicundus and Odontamblyopus rubicundus (Hamilton, 1822) by Kader et al. (1988). More over the fish that undergoes gonadal maturation during spawning periods of lower food availability in most of the fishes are throughout to utilize somatic energy reserves, particularly the rich protein content to need for reproductive growth (Roff 1982; Sivakumaran et al. 2003).

ACKNOWLEDGEMENTS

The anonymous reviewers were acknowledged for the betterment of the manuscript and the author is grateful to them.

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